## LAURAS CARE DAILY SCHEDULE

Our day begins upon arrival of the first child and ends upon departure of the last child each day. Children will be encouraged, but will never be forced to participate in any activity.

7:45 am	Arrival time – Each child will be asked to wash their hands upon arriving
8:00 am	Breakfast – Those children who arrive prior to 8:30am will be served breakfast.
8:45 am	Circle Time – Children will be given an opportunity to share any news or special experiences. During this time we will sing interactive songs, such as "The ABC's", "Wheels on the Bus" and "Five Little Monkeys". We will discuss the day of the week, the month, the year, and the weather. One child will be chosen to mark each of the calendar components.
9:30 am	Free Play – Children will choose their own games and activities. There will be a variety of toys, games, and activities available to the children geared toward enhancing their growth and development. If weather permits, we may go outside.
10:00 am	Morning Snack.
10:30 am	Group Activity Time – Children will participate in our morning activity. This may involve arts & crafts, science & discovery, games, puzzles, etc. Some days this will be a planned activity based on our current theme or skill focus. Other days the children will be given materials to work on their own creations. As we finish our activity the children will move on to free play.
11:45 am	Clean-Up Time – Toys are put away and hands are washed before lunch.
12:00 pm	Lunch
12:30 pm	Clean-Up Time – Children get ready for rest time.
12:45 pm	Story time
1:00 pm	Rest Time – All children are given a short rest period.
1:30 pm	Nap/Quiet Play – Those children who have not fallen asleep by this time may play quietly. There are books, puzzles, educational computer games and a variety of toys available for quiet play.
3:00 pm	Afternoon snack
3:45 pm	Circle Time – Afternoon circle time gives us a chance to say good-bye to friends. Those children who were not present during the early morning are given an opportunity to share any news or special experiences. During this time we will sing interactive songs and read a story.
4:15 pm	Free Play – Children will choose their own games and activities. There will be a variety of toys, games, and activities available to the children geared toward enhancing their growth and development. If weather permits we may go outside.
4:45 pm	Clean-Up Time – Toys are put away and hands and faces are freshened up for mom and dad to pick up.
5:00 pm	TV Time – Children are offered TV and a variety of toys to play with while we wait for parents to pick up. Toys are to be put back before the child leaves for the day.